

# The Lyncourt Ledger

Winter 2020

COMMUNITY NEWSLETTER

Issue 2

<http://www.lyncourtschool.org>

Superintendent—James J. Austin

Phone Number (315)455-7571

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## Principal's Message....

### Parents as Reading Partners (P.A.R.P.)

We all want our children to develop good reading habits. Reading is the most important skill learned in school, but like all skills, reading requires practice. School cannot provide enough practice alone. Your help is needed, as well. Parents as Reading Partners (P.A.R.P.) provides the perfect opportunity for you to read with your child. Fifteen minutes a day makes a big difference in your child's attitude toward reading. It exposes your child to new vocabulary, helps in comprehension, and introduces your child to new ideas, new places, and new things. It is one of the most important things you can do for your child.

**Be looking for flyers advertising P.A.R.P.! We will have a BIG kick off on March 6<sup>th</sup>!**

As we continue to encourage reading at home, here are some other ways you can support your child's learning and school:

- Spend a few minutes every evening looking over handouts your child brings home. Fill out forms and return the next day.
- Tell your child's teachers if you can help them out at school or home.
- Make sure teachers know you appreciate their efforts. From time to time, send a thank-you note or an email.
- Contact your child's teacher immediately if you see a problem. Working together will help your child succeed.
- Attend conferences, parent meetings, and school events regularly.

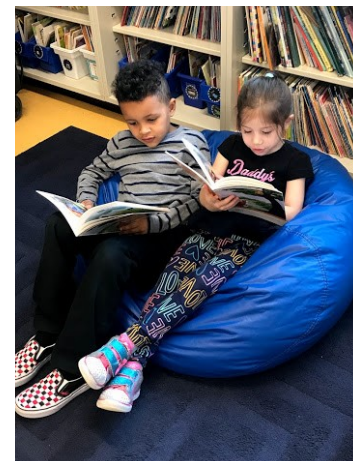
\*Adapted from Home & School Connection

Respectfully,  
*Kimberly Davis*  
Kimberly Davis, Building Principal

# READ

## Our Mission

*"The Lyncourt Union Free School District, in partnership with the community, is committed to educating all learners to reach their full potential."*



Great Expectations for Achievement, Respect, and Caring

Dear Parents,

The safety of our students is one of our greatest concerns. Several people dropping off and picking up our students are not paying attention to basic safety, courtesy, and traffic laws. Crosswalks, flashing lights, stop signs and crossing guards can only do so much when it comes to protecting school children. Be aware; traffic is going to be slow, and people will behave unpredictably. Please focus on being safe and aware of all our students. I have included some helpful tips below as a friendly reminder.

We would like to thank you for your attention to these issues. The safety of our children is everyone's responsibility and only by working together can we ensure that our children travel to and from school as safely as possible.

As we approach the winter months it is very important that we continue communicating with our community members in a fast and efficient manner. School closings, delays, and other important messages will still be announced via radio, television, and our School Messenger system. Please listen carefully to the phone messages from the school, as they contain very valuable information.

I wish everyone a safe and healthy winter season. Don't hesitate to call the main office with any questions or concerns. As always, if you have any questions, please feel free to send an email to [jaustin@lyncourtschool.org](mailto:jaustin@lyncourtschool.org) or call me personally (315)455-7571.

Respectfully,



James J. Austin



## No U-Turns and No Backing-Up



Drivers should not make "U-Turns" or "back-up" their vehicle in a school zone. It is difficult for drivers who are making a "U-Turn" or "backing-up" to see small children crossing the street. "U-Turns" can be confusing for children as they may not be able to anticipate such irregular vehicular movements. ***This includes in the front of the school.***

## Obey School Speed Zone



The legal speed limit in front of our school is 20 mph. ALL vehicles are required by law to follow these limits. Please control your speed in front of the school for everyone's safety. Please be courteous to those that choose to walk and be aware of pedestrians, not only at the crosswalk, but also at street corners near our school. Please drive slowly and stop for pedestrians.

## Pick-Up and Drop-Off Only



## Pick-Up and Drop-Off Only NO PARKING

Please do not park in a "No Parking" zone for any reason. "No Parking" zones are designated in areas where a stopped vehicle could obstruct the visibility of other drivers and pedestrians. Please do not park in these areas.

**Remember, this is a "Safe School Zone"; please follow all posted notices.**

## Handicap Parking

Please do not park in spots that are reserved for people with a disability. We have students that require handicap parking, so please leave those spots open for the people who need them.



## School Bus Safety

When a stopped school bus flashes its red light(s), traffic that approaches from either direction, even in front of the school and in school parking lots, must stop before it reaches the bus. You should stop at least 20 feet (6 m) away from the bus. You can identify this bus by a "SCHOOL BUS" sign, the red lights on the top, and its unique yellow orange color.

Before a school bus stops to load or discharge passengers, the driver will usually flash yellow warning lights. When you see them, decrease speed and be prepared to stop. When you stop for a school bus, you can not drive again until the red lights stop flashing or when the bus driver or a traffic officer signals that you can proceed. **This law applies on all roadways in New York State. You must stop for a school bus even if it is on the opposite side of a divided highway.**

After you stop for a school bus, look for children along the side of the road. Drive slowly until you have passed them.

Remember that vehicles that transport people with disabilities can be equipped as school buses and you must stop for them as you would for other school buses.

<http://dmv.ny.gov/about-dmv/chapter-6-passing>

From Nurse Lowery:

Flu season is upon us! Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others. The Centers for Disease Control and Prevention shares when you should wash your hands:

Before, during, and after preparing food; Before eating food; Before and after caring for someone who is sick; Before and after treating a cut or wound; After using the toilet; After changing diapers or cleaning up a child who has used the toilet; After blowing your nose, coughing, or sneezing; After touching an animal or animal waste; and After touching garbage. Wash, wash, wash your hands.



# The 6 Steps of Handwashing

**1**

**Step #1:**  
*Wet your hands with warm water.*

**2**

**Step #2:**  
*Apply soap.*

**3**

**Step #3:**  
*Rub your hands together, and even get between those fingers for 20 seconds.*

**4**

**Step #4:**  
*Don't forget your fingernails. Use a nailbrush if you have one.*

**5**

**Step #5:**  
*Rinse the germs away.*




**6**

**Step #6:**  
*Dry your hands.*

Scrub Club® and Scrub Club characters are copyright 2013 NSF International.  
"BAC" Character copyright 2013 The Partnership for Food Safety Education.

[www.scrubclub.org](http://www.scrubclub.org)  
(888) 99-SAFER

# Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>February</b>  5:30-8:30pm-LYRB	4  5:30-8:30pm-LYRB	5 <b>Academic Recognition Event 8:45 am</b>  5:30-8:30pm-LYRB	6  5:30-8:30pm-LYRB	7 UPK -5 Morning Meeting/ Spirit Day <b>PTO Fun Fair 5:00-8:00 pm</b>  7-9:00pm-Teen Timers
10	11  <b>BOE Meeting 6 pm</b>	12  <b>Solos in the Spotlight 6 pm</b>	13	14   7-9:00pm-Teen Timers
17	18	19	20	21
<b>Winter Recess NO SCHOOL...Take time to READ :)</b>				
24	25  <b>PTO Meeting 6 pm</b>	26	27  <b>Beauty and The Beast Solvay High School Feb. 27-March 1 See back page for details.</b>	28   7-9:00 Teen Timers
2 <b>March</b>	3	4	5	6 UPK-5 Morning Meeting/ Spirit Day <b>PARP Kick Off END OF 25 WEEK MARKING PERIOD</b>  Lyncourt Rec. Roller- skating Party 7:00-9:15 pm
9	10  <b>BOE Meeting 6 pm</b>	11  <b>Staff Development NO SCHOOL For Students</b>	12	13  7:00-9:00 Teen Timers
16	17	18	19	20  7-9:00pm Teen Timers
23	24  <b>PTO Meeting 6 pm</b>	25	26  <b>LYRB Awards Banquet 6:30 pm</b>	27  7:00-9:00 Teen Timers
30  NYS Grade 3-8 ELA Assessments March 24-31	31	<b>Let's Read Together</b>		



## School Closings

As we approach the winter months it is very important that we continue communicating with our community members in a fast and efficient manner. Whenever weather conditions in the Lyncourt Union Free School District require closing school, for all or part of the regularly scheduled school day, major commercial radio stations will be notified as soon as possible, as well as T.V. channels 3 (NBC)/5 (CBS) CNY Central, 9 (ABC), and 10 (Spectrum News Channel 10) and our School Messenger automated system. Please listen carefully to the phone messages and read text messages from the school, as they contain very valuable information. There may be an occasion where we delay the start of a school day or a very rare occasion of a weather related early dismissal. Please be certain that you have reviewed with your child(ren) the plans made with them for either of these circumstances.

During inclement weather, district officials closely monitor weather forecasts using a variety of weather services. The decision to close or delay school varies, with many factors being considered, including weather conditions and the ability to operate the building with full utilities. The decision to close or delay can usually be made by 6:15 a.m. **It is possible that a delay will become a closing if the conditions fail to improve or worsen. The safety of our students is top priority in making these decisions.**

## School Messenger Notifications

To participate and receive School Messenger Notifications on your cell, just text **YES** or **OPTIN** to the short code **67587**. Msg. and data rates may apply. We use this as a platform for parent and guardian notifications, just one extra way for you to stay informed. You can also follow us on Facebook and Twitter. For snow delays and closings, we will use local news stations, radio, facebook and twitter, and the School Messenger Notification System.



**ORDER YOUR  
YEARBOOK  
TODAY!**

### Yearbook Information

Attention 8th grade parents: We need baby pictures of your child(ren) for the yearbook. Please place them in a baggie with the name of your child and send them into school or drop them off at the main office. We will return the picture to you. Yearbook Costs: \$20. (This includes tax ) **To order visit : [www.jostens.com](http://www.jostens.com)**

## PARENT NOTIFICATION

During the school year, your son or daughter may have the opportunity to have his/her photo taken, video image and voice recorded, and/or art and written work published in connection with a school district activity or program. Your child's photo (image) and school work may be published in local newspapers, posted (displayed) on the District's Internet Site, or used by the requesting organization (local TV or print media) for programming.



If you **DO NOT** want your child's picture or schoolwork to be used in newspaper articles, video, and/or District publications, including our District's website and District social media sites, please inform the school principal, Mrs. Davis, in writing or email Beth Cusick at: [bcusick@lyncourtschool.org](mailto:bcusick@lyncourtschool.org).

## Lyncourt Tiger Den

Parents and Guardians:

Did you know we have a closet filled with gently used clothing? It's called our Lyncourt Tiger Den. We have clothes, shoes, boots and winter coats that we would love to give away. If your child or children could use some of our clothing donations, please contact Amy MacCaull at [amaccaull@lyncourtschool.org](mailto:amaccaull@lyncourtschool.org) or Kim Cintron at [kcintron@lyncourtschool.org](mailto:kcintron@lyncourtschool.org) or by phone at (315) 455-7571. Please let us know what items and sizes that you are interested in and we will check our inventory. **All requests are kept confidential.**



Happy Holidays and welcome to winter in CNY! We hope that your holiday season was filled with wonderful memories and good times with family and friends. At this point in the school year, we want to take a moment to thank each of YOU - parents, friends and faculty at Lyncourt for your support; we couldn't do it without you! A special "thank you" to all of the families who joined the PTO this year! For those who haven't made the decision, don't worry, there's still time and as always, membership is only \$5 per family.



We are always looking forward to working with new families, parents/guardians and grandparents to support the work we do to help make a difference in the lives of our children. We encourage you to volunteer your time, attend a meeting, read the minutes, volunteer at an event, but more importantly...share your thoughts, jump in and help!

It's a new year and a new opportunity to become more involved with your Lyncourt PTO. If you're looking for entertaining things to do to help you forget the cold, then get ready because our Family Bingo nights, Ice Cream Social and year-end Tag Out party are coming soon. Your PTO is dedicated to providing fun and safe events for families and contributing meaningfully to fundraising needs of our Lyncourt Tigers! We have several exciting things in store for 2020, so get ready - bigger and better things are on the way.



Fun Fair is coming:

Fun Fair: Friday, February 7, 2020 from 5-8 pm. We will have bounce houses, games, prizes, face painting and much more! Please join us with your families! Or if you would be willing to volunteer your time, we could certainly use your help.

### From the School Psychologist's Office

#### Sleep in School-Aged Children

School-aged children need around 10 hours of sleep per night. Not getting enough sleep is common in this age group, given homework, evening activities, and later bedtimes. Sleep problems are also common, including sleepwalking, sleep terrors, teeth grinding, nighttime fears, snoring, and noisy breathing.

Signs of sleep deprivation in children can include:

**Mood & Behavior.** Sleep deprivation may cause your child to be irritable. In addition, they may have a difficult time regulating their moods and are more likely to have behavior problems, such as noncompliance and hyperactivity.

**Cognitive ability.** Inadequate sleep may result in problems with attention, memory, decision making, reaction time, and creativity.

How to help your school-aged child sleep well

**Develop a regular sleep schedule and consistent bedtime routine.** Your child should go to bed and wake up around the same time each day. Their bedtime routine should be consistent every night and include calm activities. Including one-on-one time with a parent is helpful in having a positive connection every day.

**Set up a soothing sleep environment.** Make sure your child's bedroom is comfortable, dark, cool and quiet. A night-light is fine; a television is not.

**Contact your child's doctor.** Speak to your child's physician if your child has difficulties falling asleep or staying asleep, snores, experiences unusual awakenings or has sleep problems that are causing disruption during the day.

Adapted from: Mindell JA & Owens JA (2003). A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems. Philadelphia: Lippincott Williams & Wilkins.

*For more information about sleep and behavior, please contact  
Lyncourt's School Psychologist, Kelly Schroeter, [kschroeter@lyncourtschool.org](mailto:kschroeter@lyncourtschool.org); 315-455-7571.*



## High School Choice News

### High School Choices:

After graduating from the Lyncourt Union Free School District, current 8th-grade students can attend the two districts listed below:

[East Syracuse-Minoa Central High School](#)



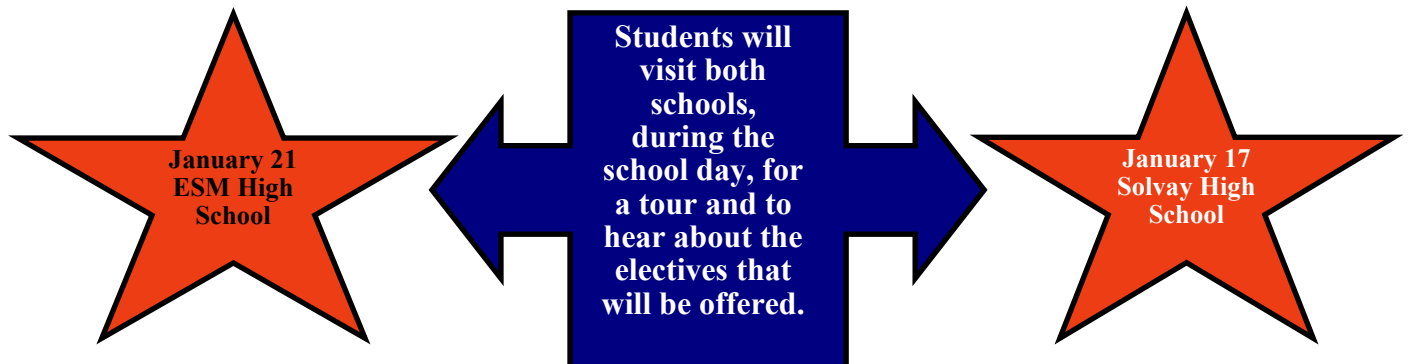
[Solway High School](#)

Please contact [School Counselor Amy MacCaull](#) at (315)455-7571 whenever you have a question about what high school will be the best fit for your child.

We have included some helpful information below about High School choices but speaking with Mrs. MacCaull is the best way to get answers to any questions you may have.

### Transition Timeline

Mid-January 2020	<ul style="list-style-type: none"> <li>•8th-grade students will tour both high schools during the day</li> <li>•Parent Information night</li> </ul>
February 2020	<ul style="list-style-type: none"> <li>•Parents and students asked to prioritize High School selection and inform Lyncourt School by January 31st</li> <li>•Course selections with Mrs. MacCaull</li> </ul>
March 2019	<ul style="list-style-type: none"> <li>•High School schedules are planned with Mrs. MacCaull and sent to respective schools</li> </ul>
June 2019	<ul style="list-style-type: none"> <li>•Student records are sent to the selected High School</li> </ul>



### Common Questions and Answers

**Q: Do families pay tuition to attend high schools?**

A: No. Lyncourt UFSD pays tuition to either Solway UFSD or East Syracuse Minoa Central School District. Parents who choose to send their child to a private school will continue to pay that school's tuition.

**Q: If my child already attends Solway High School, are both schools an option for their younger siblings?**

A: Yes, 8th grade students can attend either High School. Current Solway students will complete their remaining secondary years at Solway.

**Q: Will students be able to participate in extra-curricular activities?**

A: Yes, students can participate in any extra-curricular activity they choose, at their selected high school.

**Q: Who do I contact if I have questions about which high school would be the best fit for my child?**

A. School Counselor Mrs. Amy MacCaull. [amaccaull@lyncourtschool.org](mailto:amaccaull@lyncourtschool.org) (315) 455-7571

**Q: Will students going to high school be provided with transportation?**

A: Yes, students will be bussed to either Solway UFSD or ESM School District. The prospective district will contact you with transportation information.

**Q: Can my child change schools if we discover the school does not fit my child?**

A: After parents have committed their student to a specific school, the Superintendent will consider a transfer request prior to April 1 for the following academic year. After April 1st, only under extreme circumstances, will a transfer be permitted as it will impact the transcript of the transfer student and the tuition commitment made by the Lyncourt UFSD to the high school of choice. A student who would like the Lyncourt UFSD Superintendent to consider a transfer must submit a letter to the Superintendent articulating the rationale behind said request and his/her most recent report card prior to April 1st. After received, the Superintendent will schedule a meeting with the student and his/her parent.

The

Lyncourt

Lyncourt Union Free School District  
2707 Court Street  
Syracuse, NY 13208

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### Board of Education

Dr. Lawrence Salamino, President  
David Florczyk, Vice President  
Kimberly Vespi, Trustee  
Michael Leonardo, Trustee  
Anthony M. Maggi, Trustee

## ECRWSS

### Postal Customer



The Lyncourt Union Free School District Board of Education, in partnership with the community, is committed to educating all students to reach their full potential as inspiring, confident, passionate, life-long learners. Please let our Board members know how much you appreciate their efforts in this most important mission.

Our board meets the second Tuesday of every month.

Meetings start at 6:00 PM and are located in the District Conference Room.

Audit Committee Meetings start at 5:45 PM

February 11, 2020

March 10, 2020 (Audit Committee)

April 14, 2020

April 20, 2020 at 8am -- Special Meeting--Annual BOCES Admin Budget Vote/Election

May 12, 2020

June 9, 2020 (Audit Committee)

July 14, 2020



SOLVAY HIGH SCHOOL DRAMA CLUB PRESENTS



Disney  
**BEAUTY AND THE BEAST**

MUSIC BY ALAN MENKEN    BOOK BY LINDA WOOLVERTON  
LYRICS BY HOWARD ASHMAN & TIM RICE  
ORIGINALLY DIRECTED BY JESS ROTH  
ORIGINALLY PRODUCED BY DISNEY THEATRICAL PRODUCTIONS

THURSDAY FEB. 27, 2020 - 7PM  
FRIDAY FEB. 28, 2020 - 7PM  
SATURDAY FEB. 29, 2020 - 7PM  
SUNDAY MAR. 1, 2020 - 2PM

PRESALE  
STUDENTS / SENIORS \$8  
ADULTS \$10  
DOOR  
STUDENTS / SENIORS \$10  
ADULTS \$12

SOLVAY HIGH SCHOOL AUDITORIUM  
600 GERTRUDE AVE.  
SOLVAY, NY  
315-468-2551

DISNEY'S BEAUTY AND THE BEAST  
Is presented through special arrangement with Music Theatre International (MTI).  
All authorized performance materials are also supplied by MTI.  
www.MTIShows.com