

The Lyncourt Ledger

Fall 2022

COMMUNITY NEWSLETTER

Issue 1

<http://www.lyncourtshool.org>

Superintendent—James J. Austin

Phone Number 315-455-7571



Congratulations Lyncourt Class of 2022!

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Our Mission

“The Lyncourt Union Free School District, in partnership with the community, is committed to educating all learners to reach their full potential.”



Dear Lyncourt School Community,

On behalf of the Board of Education, faculty, staff, and administration of the Lyncourt Union Free School District, it is my wish that everyone had a restful and prosperous summer. It has been a busy and productive summer here at Lyncourt School.

In December 2020, district residents approved the \$6.4 million project that included renovations across the building. As our population has continued to increase over the last 9 years, we needed to create additional new space for the safety, as well as academic growth, of our staff and students here at Lyncourt Union Free School District. This improvement project consists of an additional four classrooms, renovating three existing classrooms, a community fitness/wellness center, an outdoor classroom and transforming our courtyard into a playscape recreational area. Lastly, creating a concrete walkway and stairwell to connect the front of our property to the back of our property.

Contractors have been working extremely hard to complete the bulk of the construction during the summer months. We are hopeful the project will reach full conclusion in January of 2023. I appreciate your support as we complete this final stage and am hopeful we will have a ribbon cutting ceremony and conduct tours of the renovated space in the near future. Stay tuned for more information regarding the ceremony.

To those new to our school community, we welcome you and are looking forward to working with your children. Lyncourt is a very special place. As always, if you have any questions or concerns don't hesitate to call my office at 455-7571 or email me at Jaustin@lyncourtschool.org

Thank you for your continued support.

Mr. Austin



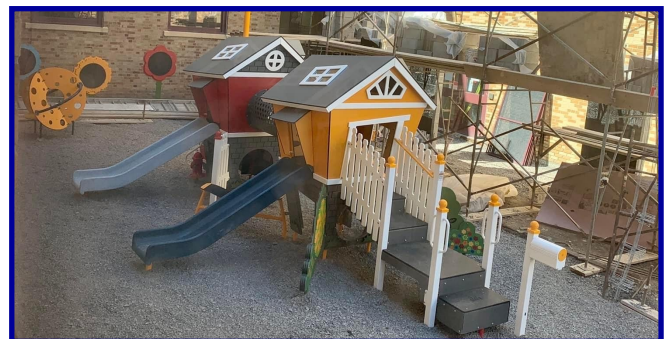
New addition



Start of the facilities planned capital improvement project of repurposing two existing classrooms into a fitness and wellness room. This fitness/wellness room will contain cardio equipment, yoga mat space, and strengthening and exercise equipment. Given our limited outdoor area, this will enhance our offerings in Physical Education class instruction. The space will also provide a quiet stress release area for students working with counselors and the school psychologist. This fitness center will also be for community use.



Start of new outdoor classroom with amphitheater type seating for classroom instructional use and/or passive recreation.



Playscape



LYNCOURT

UNION FREE
SCHOOL DISTRICT

Dear Parents/Guardians, Students, Residents Lyncourt Community,

Welcome back! I hope your summer was filled with good times with family and friends. I look forward to seeing everyone again and meeting any new families in our district. I am also looking forward to continuing the high standards that have been already set in place at the Lyncourt Union Free School District.

Speaking of high standards, I have directly experienced our school community having a mutual respect for teachers, staff, administration, parents, and each other. With your help, I am looking forward to upholding and continuing this important principle of character. It only fosters a safe place, where all participate as valued, caring members.

I want to thank you in advance, for your teamwork in continuing to foster a climate of support, encouragement, and personal excellence.

In all my future endeavors and initiatives that I spearhead, I will be asking students, staff, parents, and the community for their feedback and will listen carefully to what they have to say. My motto is, "Together We Achieve More," and together we can celebrate the successes that we accomplish. Again, I look forward to meeting AND working with all of you.

Please remember to **schedule an appointment** to discuss any questions or concerns by calling the Main Office, or you may email me at kdavis@lyncourtschool.org.

Respectfully,
Kimberly Davis

Tips from the Principal:

Research shows that children do better in school when parents are actively involved in their education. What can you do to support your child? Consider these ideas.

Making contact. Try to touch base with your child's teachers at the beginning of the year. You can write a note or attend open house night. Share any information that might help in the classroom. Examples: your child's interests, subjects he's/she's had trouble with in the past.

Meeting and greeting. Whenever possible, attend conferences and parent functions throughout the year. By meeting with teachers, you'll learn firsthand how your child is doing, and you'll have a chance to discuss strengths and weaknesses.

Pitching in. You can also show support for your child's school. Find out about volunteer opportunities. Working parents often make phone calls, run photocopies, or lead fund raisers.

Good news. By showing interest in your child's education, you're also showing interest in him/her. That kind of support can encourage your child to work harder in school.

Please remember to send in your gold verification forms to the Main Office.

Summer Programming Highlight

Help us move one step closer to finding a cure for cancer!

Alex's Lemonade Stand Foundation

The 2nd-5th grade Summer Program read a book called **The Lemonade War**, by Jacqueline Davies. The book is about siblings, Jessie and Evan, who are at war over who can sell the most lemonade. Throughout the book, they face friendship, family, and business challenges. The question is who will make more money by the end of the book? Read to find out!

As a culminating activity we hosted a lemonade stand in conjunction with Alex's Lemonade Stand Foundation, to help find a cure for childhood cancer. We raised \$757.00 and all proceeds will go to help finding a cure! This was a lesson that included math, reading, organization, promotion and service to others.



IMPORTANT INFORMATION FROM THE HEALTH OFFICE

Immunizations

IMPORTANT: According to The New York State Department of Health all students entering **7th and 12th** grades must receive the meningococcal vaccine before they can attend school. Meningococcal disease causes bacterial meningitis and other serious diseases. Teens and young adults are at greater risk. While this is not a new vaccine (it has been recommended for years), it will now be required for school entry this fall. Please note that students who have received this vaccine in the past may still need a booster to start school. Parents and guardians should check with their family doctors to see whether or not their child needs the vaccine.

Students entering **6th grade** must have the Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine booster (**Tdap**) and 2 doses of the Varicella vaccine (**Chickenpox**) before the start of school in September.

Physicals

The New York State Department of Education requires a health certificate or health appraisal of each public school student when they: enter the school district for the first time; are in **Grades Pre-K or K, 1,3, 5, 7, 9 and 11**; participate in interscholastic **sports**; need **working papers**; or are referred to the **Committee on Special Education**.

All students participating in interscholastic sports programs, regardless of grade level, must have a physical exam before participating in any sport practice. These physicals need to be turned into the School Nurse prior to the start of practice. If you child intends to play a sport, it is important that they check with the School Nurse before practice to verify they have a current sports physical on file.

Physicals expire one year from the month they were performed, on the last day on the month.



When Should I Stay Home?

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100° F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with oozing, drainage or fever	Check with your school district policy	Redness, itching, and/or pus draining from eye	Hospital stay and/or emergency room visit

I am ready to go back to school when I am...

Fever free without the assistance of medication for 24 hours (i.e., Tylenol, Motrin, Advil)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash or fever and have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home.	Free from drainage and/or have been evaluated by my doctor if needed.	Released by my medical provider to return to school.
<i>It's ok to have a runny nose and/or small cough.</i>						

If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.

Medication in school

If it is necessary for a child to take or use medicine (prescription or over-the-counter) during school hours, the following rules apply:

- The parent or guardian must submit a signed request to the school nurse.
- The family physician must also submit a written request, detailing the frequency and dosage of the medication and the purpose for which it is being taken.
- All medicines must be delivered to the nurse by a parent or guardian.
- The medication will be kept in the nurse's office and will be administered by or under the supervision of the nurse, unless the student has an order from a physician to carry and self-administer medication (i.e., an inhaler).
- The medication must be in the prescription bottle or over the-counter container.

988: More than a Number

988 is the new, three-digit number for the National Suicide Prevention Lifeline (NSPL). 988 is now available nation-wide.

988 is more than just an easy-to-remember number. It is a direct connection to caring support for anyone in mental health distress. This may include:

- thoughts of suicide
- substance use crisis
- emotional distress

988 is a free service available to everyone.

HOW TO CONTACT 988- You can contact 988 by chat, text, or phone.

Call or text 988 to be connected with a trained crisis counselor. When you call, you can access support in Spanish by pressing 2. Interpretation services are available in over 150 languages. To access 988 via chat, visit 988lifeline.org.



Immunization requirements for school attendance

As a reminder, immunization requirements for students must be met for school attendance. A student may not be permitted to attend school without proof of required immunizations. There is a 14 day grace period following the 1st day of school to provide documentation of required immunizations. For those students who are transferring from out-of-state or from another country and can show a good faith effort to get the necessary evidence of immunization(s) there is a 30 day grace period.

Family Educational Right to Know Privacy Act (FERPA):

Under FERPA, the school nurse may disclose health alerts involving individual students to individual professionals who have a "legitimate educational interest" or that "need to know" the student's health situation. If you do not want your child's medical information shared with the appropriate staff members, please do not hesitate to contact the school nurse.

The registered nurse, Ms. Lowery, of the Lyncourt Union Free School District believes a healthy child in a safe and healthy environment is the best learner. Please keep Mrs. Lowery updated on your child's health status, such as surgeries, medications, illness/diseases, new diagnoses or other conditions that might affect your child's school performance.

Contact Information

Melanie Lowery RN

School Nurse

Phone: 315.455.7571 option 2

Fax: 315.455.7573



New Cardiac Arrest Prevention Information

The Dominic Murray Sudden Cardiac Arrest Prevention Act is a new law as of July 1, 2022. This law requires schools, students, and parents/guardians have information on sudden cardiac arrest risks, signs, and symptoms.

Please note that sudden cardiac arrest in children and youth is rare. The incidence of sudden cardiac death (SCD) on the playing field is 0.61 in 100,000. Sudden Cardiac Arrest (SCA) is an emergency that happens when the heart suddenly stops working. SCA can cause death if not treated immediately, and even with treatment death may occur. Immediate treatment is cardiopulmonary resuscitation (CPR) and use of an automatic external defibrillator (AED). All public schools must have a staff member trained in the use of CPR and AED in school and at all school athletic events.

Preventing SCA before it happens is the best way to save a life. Both your family health history and your child's personal history must be told to healthcare providers to help them know if your child is at risk for sudden cardiac arrest. Ask your child if they are having any of the symptoms listed below and tell a healthcare provider. Know your family history and tell a healthcare provider of any risk factors listed below.

The signs or symptoms are:

- Fainting or seizure, especially during or right after exercise or with excitement or startled
- Racing heart, palpitations, or irregular heartbeat
- Dizziness, lightheadedness, or extreme fatigue with exercise
- Chest pain or discomfort with exercise
- Excessive shortness of breath during exercise
- Excessive, unexpected fatigue during or after exercise

Student's Personal Risk Factors are:

- Use of diet pills, performance-enhancing supplements, energy drinks, or drugs such as cocaine, inhalants, or "recreational" drugs.
- Elevated blood pressure or cholesterol
- History of health care provider ordered test(s) for heart related issues

Student's Family History Risk Factors are:

- Family history of known heart abnormalities or sudden death before 50 years of age
- Family members with unexplained fainting, seizures, drowning, near drowning or car accidents before 50 years of age
- Structural heart abnormality, repaired or unrepaired
- Any relative diagnosed with the following conditions:
 - Enlarged Heart/ Hypertrophic Cardiomyopathy/Dilated Cardiomyopathy
 - Arrhythmogenic Right Ventricular Cardiomyopathy
 - Heart rhythm problems, long or short QT interval
 - Brugada Syndrome
 - Catecholaminergic Ventricular Tachycardia
 - Marfan Syndrome- aortic rupture
 - Heart attack at 50 years or younger
 - Pacemaker or implanted cardiac defibrillator (ICD)

SCA in students at risk can be triggered by athletic activities. To decrease the chance of SCA in a student, health history form for Athletics must be completed and signed by a parent/guardian before each sports season. These questions help identify changes since the last physical examination or health history was completed. School personnel may require a student with health or history changes to see a healthcare provider before participating in athletics.

Finally, the law requires any student who has signs and symptoms of pending SCA be removed from athletic activity until seen by a physician. The physician must provide written clearance to the school for the student to be able to return to athletics.

Please contact the State Education Department's Office of Student Support Services for questions at 518-486-6090.

PARENT NOTIFICATION

During the school year, your son or daughter may have the opportunity to have his/her photo taken, video image and voice recorded, and/or art and written work published in connection with a school district activity or program. Your child's photo (image) and school work may be published in local newspapers, posted (displayed) on the District's Internet Site, or used by the requesting organization (local TV or print media) for programming, i.e., backup and their news stories.



If you **DO NOT** want your child's picture or schoolwork to be used in newspaper articles, video, and/or District publications, including our District's website, please inform the school principal, Mrs. Davis, in writing or email bcusick@lyncourtschool.org

Child abuse hotline:

If you suspect a child is being abused or maltreated (neglected), report it by calling 1-800-342-3720, a toll-free 24-hour hotline operated by New York State Office of Children and Family Services. If you believe a child is in immediate danger, call 911 or your local police department. Information about reporting child abuse and maltreatment (neglect) is available online at <http://ocfs.ny.gov/main/cps>.

The Dignity Act seeks to provide public elementary and secondary school students with a safe and supportive environment free from discrimination, intimidation, taunting, harassment, and bullying. See Lyncourt School's website for more information. If you hear about or witness incidents that might be in violation of the Dignity Act, please contact the school's Dignity Act Coordinator:

Kelly Schroeter, School Psychologist
315-455-7571
kschroeter@lyncourtschool.org



PARENTS' RIGHT TO KNOW

Under Federal "No Child Left Behind" legislation, it is the right of the parent of any student attending Lyncourt School to request information regarding their child's classroom teacher(s) and paraprofessional staff assigned to teach their children. Minimum information parents may request includes:

- ◆ Whether the teacher has met State qualification and licensing criteria for the grade levels and subject areas in which the teacher provides instruction;
- ◆ Whether the teacher is teaching under emergency or other provisional status through which State qualification or licensing criteria have been waived;
- ◆ The baccalaureate degree major of the teacher and any other graduate certification or degree held by the teacher, and the field of discipline of the certification or degree; and
- ◆ Whether the child is provided direct services by paraprofessionals and, if so, their qualifications.

The Lyncourt Union Free School District is pleased to inform parents of students that all classroom teachers have the requisite New York State certification for their employment. Our paraprofessional staff does not provide direct services to students. Questions regarding a teacher's specific baccalaureate or advanced degrees should be sent in writing to:

Superintendent of Schools
2707 Court Street
Syracuse, New York 13208
(315)455-7571

Did you know you can sign up for the Onondaga County Sex Offender Registry Notification System? It will alert you if an offender moves into your area. Information is available 24 hours a day, 7 days a week and is updated by the Sheriff's office in real time.

To access the OffenderWatch registry, visit:

http://www.sheriffalerts.com/cap_main.php?office=56540



The 2021-22 enacted New York State budget includes language requiring local education agencies, such as school districts, that receive funding from the Federal Elementary and Secondary School Emergency Relief Fund allocated by the American Rescue Plan Act of 2021 (ARP-ESSER), to post on their website a plan by school year of how these funds will be spent. The Lyncourt Union Free School District has posted our [approved plan](#) on the Superintendent's Office page of our website. Any community member who does not have internet access can request a hard copy of the plan by contacting the Lyncourt School Main Office at (315) 455-7571.

Lyncourt Union Free
School District
2707 Court Street
Syracuse, NY 13208

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Board of Education

Dr. Lawrence Salamino, President
David Florczyk, Vice President
Kimberly Vespi, Trustee
Michael Leonardo, Trustee
Anthony M. Maggi, Trustee

ECRWSS

Postal Customer

We are all very fortunate to have a Board of Education who supports our school and community, and shares a common vision of doing what is best for our students:

Dr. Lawrence Salamino (BOE President)
Mr. Dave Florczyk (BOE Vice President)
Mrs. Kimberly Vespi (Trustee)
Mr. Anthony (Tony) Maggi (Trustee)
Mr. Michael Leonardo (Trustee)

Board of Education meetings in 2022-23 will generally be held once a month. As per the meeting scheduled posted on the Board of Education page on the district website, www.lyncourtschool.org and below, in the district conference room at the school building located at 2707 Court Street. Please check for location updates as well as announcements of special meetings on the website.

Our board typically meets the second Tuesday of every month. Audit Committee Meetings start at 5:45 PM and Regular Meetings begin at 6:00 PM.

The Lyncourt UFSD Clerk is Beth Cusick bcusick@lyncourtschool.org

Look for our website:
www.lyncourtschool.org



Our board meets the second Tuesday of every month. Meetings start at 6:00 PM and are located in the District Conference Room.

Audit Committee Meetings start at 5:45 PM.

August 9, 2022
September 13, 2022 (Audit Committee)
October 11, 2022
November 8, 2022
December 13, 2022 (Audit Committee)
January 10, 2023
February 14, 2023
March 14, 2023 (Audit Committee)
April 11, 2023
April 17, 2023 at 8am -- Special Meeting--Annual
BOCES Admin Budget Vote/Election
May 9, 2023
June 13, 2023 (Audit Committee)
July 11, 2023